

# Improving the stellar age determination through joint modeling of binarity and asteroseismology

## Grid modeling of the seismic red-giant binary KIC 9163796

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### ABSTRACT

**Context.** Typical uncertainties of ages determined for single star giants from isochrone fitting using single-epoch spectroscopy and photometry without any additional constraints are 30-50 %. Binary systems, particularly double-lined spectroscopic (SB2) binaries, provide an opportunity to study the intricacies of internal stellar physics and better determine stellar parameters, particularly the stellar age.

**Aims.** By using the constraints from binarity and asteroseismology, we aim to obtain precise age and stellar parameters for the red giant-subgiant binary system KIC 9163796, a system with a mass ratio of 1.015 but distinctly different positions in the Hertzsprung–Russell diagram (HRD).

**Methods.** We compute a multidimensional model grid of individual stellar models. From different combinations of figures of merit, we use the constraints drawn from binarity, spectroscopy, and asteroseismology to determine the stellar mass, chemical composition, and age of KIC 9163796.

**Results.** Our combined-modeling approach leads to an age estimation of the binary system KIC 9163796 of  $2.44^{+0.25}_{-0.21}$  Gyr, which corresponds to a relative error in the age of 9 %. Furthermore, we found both components exhibiting equal initial helium abundance of 0.27 to 0.30, significantly higher than the primordial helium abundance, and an initial heavy metal abundance below the spectroscopic value. The masses of our models are in agreement with masses derived from the asteroseismic scaling relations.

**Conclusions.** By exploiting the unique, distinct positions of KIC 9163796, we successfully demonstrated that combining asteroseismic and binary constraints leads to a significant improvement of precision in age estimation, that have a relative error below 10% for a giant star.

**Key words.** Asteroseismology – (Stars:) binaries: spectroscopic – Stars: late-type – Stars: oscillations (including pulsations), Stars: individual: KIC 9163796.

## 1. Introduction

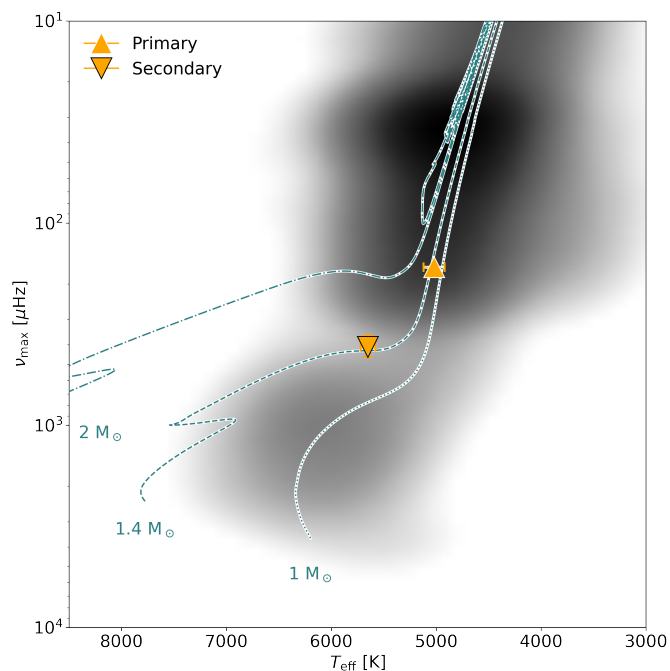
Knowing the precise ages of stars is crucial for many fields of astrophysics (Soderblom 2010), in particular galactic archaeology (Freeman & Bland-Hawthorn 2002) and stellar population studies (Wang et al. 2024). A commonly used technique for stellar age determination is isochrone fitting. However, it only applies with reasonable precision to stars close to the subgiant turnoff but can show large uncertainties for main-sequence field stars (Valle et al. 2013; Lebreton & Goupil 2014; Godoy-Rivera et al. 2021). For red giants, this method delivers relative age uncertain-

ties of 30-50 % (Casagrande et al. 2016). In the last decade, with the advent of space missions such as NASA's *Kepler* (Borucki et al. 2010) and Transiting Exoplanet Survey Satellite (TESS, Ricker et al. 2014), asteroseismology has gained significance as a tool for parameter determination including age for different types of stars, in particular, red giant branch (RGB) stars (e.g. Li et al. 2022; Warfield et al. 2024). Generally, two approaches for asteroseismic age determination exist: modeling using the frequency of maximum oscillation power  $\nu_{\max}$  and the large frequency separation  $\Delta\nu$  (i.e., the global seismic parameters; e.g., Casagrande et al. 2016; Pinsonneault et al. 2018), or boutique

modeling of oscillation modes (e.g. [Lebreton & Goupil 2014](#); [Campante et al. 2023](#); [Li et al. 2024](#)). While the latter can deliver precise results for certain targets, calculating comprehensive frequency grids for post-main-sequence stars, in particular RGB and red-clump stars, is very resource intensive, and the modes from models are susceptible to poorly-modeled surface effects, particularly in active stars (e.g. [García et al. 2014a](#); [Salabert et al. 2016](#)). Ages from modeling using the global seismic parameters can be especially powerful if combined with additional constraints, such as in the case of globular clusters ([Brogaard et al. 2023](#)) or binary systems ([Johnston et al. 2019b](#); [Murphy et al. 2021](#)).

Depending on the spectral type and age, estimations are that 50% to 100% of stars are in binary systems (e.g., [Raghavan et al. 2010](#); [Moe & Di Stefano 2017](#); [Badenes et al. 2018](#); [Offner et al. 2023](#), and references therein). Unless the binary system was created from a very rare capturing event, the components of binary systems were born in the same cloud at the same time (e.g., [Prša 2018](#); [Moe & Di Stefano 2017](#)). Therefore, they exhibit identical initial conditions, such as initial chemical abundances, ages, and distance to the observer. These binary constraints enable us to use such coeval systems as test beds for stellar physics and evolution (e.g. [Cassisi & Salaris 2011](#); [del Burgo & Allende Prieto 2018](#); [Johnston et al. 2019a](#); [Murphy et al. 2021](#)). Especially powerful is the combination of a binary system with at least one of its components exhibiting solar-like oscillations. Until recently, only around 100 of those unique systems were known ([Beck et al. 2022](#)). It was only the third data release (DR3; [Gaia Collaboration et al. 2023b](#)) of the ESA *Gaia* mission ([Gaia Collaboration et al. 2016](#)), which included a dedicated non-single-star catalog for the first time, that made it possible to increase the number of known oscillating binary systems up to 1000 ([Beck et al. 2024](#)). However, only very few red-giant systems with both components exhibiting a power excess have been studied ([Rawls et al. 2016](#); [Beck et al. 2018](#)). One of these previously studied systems is KIC 9163796, a double-lined spectroscopic binary system (SB2) composed of a red-giant branch (RGB) star and a sub-giant star, that has been described observationally in detail by [Beck et al. \(2018, hereafter BKP18\)](#). Detections of oscillations in both components from *Kepler* light curves, combined with its SB2 nature, enabled [BKP18](#) to give masses and radii for both components. Given its binary nature, the differences in the observational parameters for the two stars, described in detail in Sect. 2, are solely caused by the difference in mass between the components of  $1.5 \pm 0.5\%$  ([BKP18](#)). This mass difference also causes the two components to be in distinct and favorable positions on the Hertzsprung-Russel Diagram (HRD), as shown in Fig. 1. The primary is moving up the RGB and is strongly affected by changes in the mixing length parameter in modeling while exhibiting small fractional changes in effective temperature. On the contrary, the subgiant exhibits large fractional changes in effective temperature per unit time as it moves horizontally in very short timescales in the HRD. Due to its observations with spectroscopy, asteroseismology, and binarity, and the component's distinct positions in the HRD (Fig. 1), KIC 9163796 enables us to break degeneracies, such as the mass-initial helium degeneration, and obtain a precise age estimation for the system.

Here, we present an asteroseismic grid modeling and age determination of the binary system KIC 9163796 by combining models from stellar evolution and oscillation codes with observational constraints from spectroscopy, asteroseismology, and binarity. The paper is structured as follows. In Sect. 2, we provide an overview of observational constraints of KIC 9163796 in



**Fig. 1.** HRD depicting the positions of the primary (upward triangle) and secondary (downward triangle) component of KIC 9163796 according to the asteroseismic analysis from [Beck et al. \(2018\)](#). As references, the tracks of a  $1 M_{\odot}$ ,  $1.4 M_{\odot}$  and  $2 M_{\odot}$  evolutionary track with the primary's metallicity from MESA are provided as dashed lines. The background contour plot shows the density distribution of all targets from the input catalogs used in [Beck et al. \(2024\)](#); [Mathur et al. \(2022\)](#) with an asteroseismic detection.

the literature, which are relevant for the modeling. Section 3 explains how the model grid was obtained, while Sect. 4 describes the figure of merit and error estimation used for modeling. In Sect. 5 we describe the search for the best-fitting model combinations for the different cases of the figure of merit and different constraints from binarity. Sect. 6 discusses the results from this grid modeling approach. We conclude in Sect. 7.

## 2. Observational constraints of the system

KIC 9163796<sup>1</sup> was shown by [Beck et al. \(2014\)](#) to be an oscillating red-giant sub-giant binary located in an eccentric orbit ( $e = 0.69 \pm 0.01$ ) with an orbital period of  $P_{\text{orb}} = 121.30 \pm 0.01$  d. The system was initially detected in *Kepler* photometry due to a periodic flux variation induced by tides during periastron passage in a highly eccentric orbit ([Zahn 1975](#); [Remus et al. 2012](#)). Due to the resemblance of echo-cardiograms in their lightcurve [Thompson et al. \(2012\)](#) coined the phrase 'heartbeat stars' for this class of eccentric binaries ([Kumar et al. 1995](#); [Welsh et al. 2011](#)).

The original analysis by [Beck et al. \(2014\)](#) revealed solar-like oscillations with relatively low amplitudes compared to similar red giants within the bulk asteroseismic sample (e.g. [Kallinger et al. 2014](#)). In a detailed study of the system, [BKP18](#) presented a revised asteroseismic analysis based on the  $\sim 1400$  days long of the *Kepler* light curve (*Kepler* Quarters 0-14). The seismic analysis was done on the *KEPSEISMIC*<sup>2</sup> data (for details of the

<sup>1</sup> KIC 9163796 = TIC 271664383, *Gaia* DR3 2079986695058294272, and 2MASS J19412099+4530173

<sup>2</sup> <https://archive.stsci.edu/prepds/kepseismic/>

**Table 1.** Summary of observational parameters of KIC 9163796.

Parameter		Primary	Secondary
Mass ratio $q = M_1/M_2$		1.015 ± 0.005	
Metallicity [Fe/H]	[dex]	-0.37 ± 0.1	-0.38 ± 0.1
Effective temperature $T_{\text{eff}}$	[K]	5020 ± 100	5650 ± 70
Surface gravity $\log g$	[dex]	3.14 ± 0.2	3.48 ± 0.3
Frequency of maximum oscillation $\nu_{\text{max}}$	[ $\mu\text{Hz}$ ]	165.3 ± 1.3	340 ± 20
Large frequency separation $\Delta\nu$	[ $\mu\text{Hz}$ ]	12.85 ± 0.03	–
Mass $M$	[ $M_{\odot}$ ]	1.39 ± 0.06	–
Magnitude difference $\Delta m$	[mag]	0.58 ± 0.08	
Gaia mean magnitude $G_{\text{mean}}$	[mag]	9.6	

**Notes.** All observational data presented, grouped in spectroscopic, seismic, and photometry, have been published in [BKP18](#), except the *Gaia* DR3 mean magnitude ([Gaia Collaboration et al. 2023b](#)).

database and calibration see [García et al. 2011](#); [García et al. 2014b](#); [Pires et al. 2015](#)). By re-evaluating the seismic parameters and spectroscopic parameters from [Beck et al. 2014](#) (Revised values:  $\nu_{\text{max}} = 165.3 \pm 1.3 \mu\text{Hz}$ ;  $\Delta\nu = 12.83 \pm 0.03 \mu\text{Hz}$ ;  $T_{\text{eff}} = 5020 \text{ K}$ ), [BKP18](#) determined a revised estimate for the seismic mass and radius for the primary  $M_1 = 1.39 \pm 0.06 M_{\odot}$  and  $R_1 = 5.35 \pm 0.09 R_{\odot}$ . Using the asymptotic period spacing of the dipole mixed modes of  $\Delta\Pi_1 = 80.78 \text{ s}$ , [BKP18](#) determined the evolutionary state of the primary to be located on the RGB, which corresponds to the H-shell burning phase. Within the uncertainties, the global asteroseismic values of the primary from [BKP18](#) are in agreement with the recent values from the APOKASC-3 catalog ([Pinsonneault et al. 2024](#)).

From time series spectroscopy, obtained with the High-Efficiency and High-Resolution Mercator Echelle Spectrograph (HERMES, [Raskin et al. 2011](#)), [BKP18](#) found KIC 9163796 to be a double-lined spectroscopic binary (SB2). From disentangling the composite spectrum in Fourier space ([Ilijic et al. 2004](#)), [BKP18](#) found the mass ratio to be  $q = M_1/M_2 = 1.015 \pm 0.005$ . As expected for a binary born from the same cloud, the metallicity for the primary and secondary agree within the uncertainties ( $[M/H]_1 = -0.37 \pm 0.1 \text{ dex}$  and  $[M/H]_2 = -0.38 \pm 0.1 \text{ dex}$ , respectively). Despite their similarities in mass and metallicity, other fundamental parameters of the two components differ significantly,  $T_{\text{eff},1} = 5020 \pm 100 \text{ K}$  vs.  $T_{\text{eff},2} = 5650 \pm 70 \text{ K}$ , and  $\log g_1 = 3.14 \pm 0.2 \text{ dex}$  vs.  $\log g_2 = 3.48 \pm 0.3 \text{ dex}$ . From spectroscopy, [BKP18](#) determined that the primary and secondary contribute 60% and 40% to the total flux, respectively. Due to the photometric dilution of the flux from each component, the relative flux variations of the oscillation modes are reduced by the same fraction. However, we do not expect the flux dilution to impact the extracted seismic parameters (e.g. [Sekaran et al. 2019](#)). Figure 1 depicts the positions of both components in the asteroseismic HRD.

While the power excess of the secondary was found at  $215 \pm 4 \mu\text{Hz}$ , it was shown to be the reflection of the actual power excess at  $\nu_{\text{max},2} = 340 \pm 20 \mu\text{Hz}$ , located above the Nyquist frequency of  $283 \mu\text{Hz}$  for the  $\sim 30$  minute long-cadence data of *Kepler*. Because of the low signal-to-noise ratio (S/N) of the secondary's oscillation modes and the overlap with the primary's power excess, no value for the large frequency separation could be determined. From the position of the power excess, the Helium core of the secondary is already degenerated. [BKP18](#) therefore considered the secondary an early RGB star too. Other criteria, based on the position of the secondary in the HRD shown in Fig. 1, classifies the star as a late subgiant (e.g. [Godoy-Rivera et al. 2024](#)).

Another notable difference between the two components is their photospheric abundance of lithium. From the disentangled HERMES spectra, [BKP18](#) determined a lithium abundance for the primary of  $1.31 \pm 0.08 \text{ dex}$  and the secondary  $2.55 \pm 0.07 \text{ dex}$ , differing by a factor of 17. [BKP18](#) could only explain this observational difference, with both components being in a particular short-lived state of stellar evolution, the first dredge-up (FDU). During this brief phase of stellar evolution, located near the beginning of the RGB, the convective envelope deepens into the stellar interior. It causes the mixing of the material produced from hydrogen burning during the main sequence. This mixing causes a depletion of the lithium abundance, carbon isotopes, and nitrogen at the surface during the FDU ([Roberts et al. 2024](#), and references therein). Therefore, [BKP18](#) concluded that the secondary component of KIC 9163796, which is richer in lithium than the primary, is in the early phase of the FDU. In contrast, the more massive primary evolved faster and is in a more advanced state of the FDU, causing a more effective mixing and lithium depletion.

For this paper, we reanalyzed the disentangled HERMES spectra assuming the same parameters as [BKP18](#) to determine the  $\alpha$ -element abundances. The measurement has been made with the BACCHUS code ([Masseron et al. 2016](#)) which includes MARCS model atmospheres ([Gustafsson et al. 2008](#)) and line lists from [Heiter et al. \(2015\)](#). This analysis indicated no enhancement nor depletion of either Mg, Si, or Ca, and provided an  $\alpha$ -element abundances of  $[\alpha/\text{Fe}] = 0.0 \pm 0.1 \text{ dex}$  for both components.

Since the analysis by [Beck et al. \(2014\)](#) and [BKP18](#), the ESA *Gaia* ([Gaia Collaboration et al. 2016](#)) mission has included KIC 9163796 in all three data releases. In the latest *Gaia* DR3 ([Gaia Collaboration et al. 2023b](#)) KIC 9163796 has an apparent G mean combined magnitude of 9.6 mag that have a color index  $G_{BP} - G_{RP} = 0.60 \text{ mag}$ . The measured parallax is 2.23 mas, corresponding to a target distance of about 445 pc. The system is not listed in the non-single star catalog of *Gaia* DR3 ([Gaia Collaboration et al. 2023a](#)). The target renormalized unit weight error (*ruwe*) value, an indicator for the object to be a single star (*ruwe*  $\sim 1$ ) or potentially non-single star (*ruwe*  $> 1.4$ ), is given as 1.051. [Beck et al. \(2024\)](#) has shown that a significant percentage of known binaries (around 40 % in their sample) exhibit a *ruwe* below the generally accepted threshold of 1.4. Furthermore, neither multi-epoch photometry nor radial velocity was measured by *Gaia* for this object.

A direct estimate of the distance of KIC 9163796 as the inverse of the parallax from DR3 ( $\varpi = 2.23 \pm 0.01 \text{ mas}$ ) results in a distance of  $d = 448 \pm 5 \text{ pc}$ . This is in agreement with the dis-

**Table 2.** Parameter range for model grid used in this work.

Parameter		Value (range)	Step size
Mass, M	[ $M_{\odot}$ ]	[1.20; 1.54]	0.01
Initial Metallicity, Z	–	[0.004; 0.012]	0.001
Initial helium, Y	–	[0.23; 0.30]	0.01
Mixing length, $\alpha_{\text{MLT}}$	–	[1.4; 1.6]	0.1
Overshooting, $f_{\text{ov}}$	–	0.02	–

**Notes.** The first two columns define the parameter and its unit used for the grid modeling. The third and fourth columns define the grid's value range and step size, respectively. The last two rows display the values used for mixing length  $\alpha_{\text{MLT}}$  and Overshooting Parameter  $f_{\text{ov}}$  used in all modeling.

205 tances of  $d = 443_{-6}^{+10}$  pc, that is determined by the General Stellar  
 Parametrizer from Photometry (GSP-Phot, [Andrae et al. 2023](#)),  
 which assumes a single star solution. A distance modulus esti-  
 mate from the asteroseismic luminosity and apparent magnitude  
 values in [BKP18](#) results in a distance of  $\sim 400$  pc. However, it  
 210 disagrees by more than  $2\text{-}\sigma$  with the multi-star classifier (MSC)<sup>3</sup>  
 distance ( $d = 254_{-114}^{+50}$  pc), which assumes an unresolved binary  
 solution (as is the case for KIC 9163796). [Ulla et al. \(2022\)](#) sug-  
 gests that for some cases of unresolved binaries, the single-star  
 215 solution of the GSP-Phot solution might be in better agreement  
 with independent measurements compared to the MSC distance.  
 The distance modulus solution and median photogeometric distance  
 ( $d_{\text{med}} = 445$  pc) from [Bailer-Jones et al. \(2021\)](#) point in the  
 same direction, so we decide to trust the value inferred from  
 220 GSP-Phot of  $d = 443_{-6}^{+10}$  pc as the reference for the distance to  
 KIC 9163796.

Table 1 summarizes all observables relevant for this work.

### 3. Constructing the model grid

To model KIC 9163796, we used the 1D-stellar evolutionary  
 code MESA (Modules for Experiments in Stellar Astrophysics;  
 225 [Paxton et al. 2011, 2013, 2015, 2018, 2019; Jermyn et al.](#)  
[2023](#), version r23.05.1) and the stellar oscillations code GYRE  
 ([Townsend & Teitler 2013](#), version 7.1) in a combined grid mod-  
 eling approach. Using MESA, we calculated a grid of single-star  
 230 models to search for the best combination of models for the pri-  
 mary and secondary under the constraints imposed by the com-  
 mon age ( $\text{Age}_1 = \text{Age}_2$ ) and chemical composition. For the grid  
 of models, we varied the stellar mass M, metallicity Z, and heli-  
 um abundances Y in the ranges and stepsizes given in Table 2.  
 235 Regarding the heavy element distribution adopted in the stellar  
 modeling, we rely on a solar-scaled mixture ([Grevesse & Sauval](#)  
[1998](#)). This choice is fully supported by the reanalysis of the  
 spectra (Sect. 2) that shows that our stellar target does not show  
 any evidence of  $\alpha$ -element enhancement.

For the stellar mass range of the grid, we chose an interval  
 240 centered on the mass of the primary reported by [BKP18](#) from  
 an asteroseismic analysis and extended three times the reported  
 uncertainty towards higher and lower masses. This resulted in a  
 lower limit of  $1.22 M_{\odot}$  and an upper limit of  $1.54 M_{\odot}$ . To ac-  
 245 count for the lower mass of the secondary of  $1.37 M_{\odot}$ , we set  
 the lower limit to  $1.20 M_{\odot}$ . With  $\sim 1\%$  being the lowest feasible  
 observational uncertainty for stellar mass, we choose a stepsize  
 of  $0.01 M_{\odot}$ .

<sup>3</sup> [https://gea.esac.esa.int/archive/documentation/GDR3/Data\\_analysis/chap\\_cu8par/sec\\_cu8par\\_apsis/ssec\\_cu8par\\_apsis\\_msc.html](https://gea.esac.esa.int/archive/documentation/GDR3/Data_analysis/chap_cu8par/sec_cu8par_apsis/ssec_cu8par_apsis_msc.html)

We followed a similar approach for the initial metallicity,  
 creating a grid range of three times the uncertainty centered  
 on the spectroscopic value of the metallicity. This resulted in a  
 250 range of  $-0.57$  dex to  $-0.17$  dex. For the modeling with MESA,  
 we converted the spectroscopic metallicity into the fractional  
 mass component using the following equation:

$$Z_{\star} \sim Z_{\odot} \times 10^{[M/H]}, \quad (1)$$

with the solar reference metallicity value from [Grevesse &](#)  
[Sauval \(1998\)](#) of  $Z_{\odot} = 0.0169$ . The spectroscopic heavy element  
 255 abundance of the primary of  $[M/H] = -0.37$  dex translates into  
 $Z_{\text{spec}} = 0.007$ , the upper and lower boundaries of our modeling  
 correspond to  $Z_{\text{low}} = 0.004$  and  $Z_{\text{high}} = 0.012$ . As a stepsize, we  
 decided to use 0.001, as translated in logarithmic space, this is  
 260 approximately in the order of the lowest feasible observational  
 uncertainty.

For the initial helium abundance, which was added as a free  
 parameter to account for a potential mass-initial helium degen-  
 eracy ([Verma et al. 2022](#), and references therein), we chose a  
 range similar to the one used in [Lebreton & Goupil \(2014\)](#), who  
 265 did a similar modeling for a single star. Our range starts just be-  
 low the primordial helium abundance ( $Y = 0.245$ ; [Peimbert et al.](#)  
[2007](#)) and goes up to a value of 0.30, resulting in a range of  
 $0.23 \leq Y_{\text{init}} \leq 0.30$ , with a stepsize of 0.01.

Apart from these physical constraints, modeling stars also  
 270 requires attention to the use of adequately calibrated parameters  
 describing the microscopic and macroscopic mixing process of  
 the physics acting in the stellar interior. One of the most impor-  
 tant transport mechanisms is convection, which in 1D models  
 is typically treated by mixing length theory (MLT, [Paxton et al.](#)  
 275 [2011](#)). In this notation,  $\alpha_{\text{MLT}}$  describes the typical distance in  
 pressure scale heights a convective cell is transported before it  
 dissolves (for a detailed review on MLT see [Joyce & Tayar 2023](#),  
 and references therein). The mixing length parameter is difficult  
 to determine and is model-dependent, but it has large effects on  
 280 the position of the RGB.

With  $1.4 M_{\odot}$  and sub-solar metallicity, the main sequence  
 progenitors of the two components of KIC 9163796 were mid-  
 F-type dwarfs. By modeling the measured lithium abundances  
 285 [BKP18](#) showed that the progenitor stars must have been rigidly  
 rotating and had weak macroscopic mixing processes. This behav-  
 ior indicates that the progenitors did not develop signifi-  
 cant convective envelopes during their H-core-burning phase that  
 would have reduced the Li abundance (see [Beck et al. 2017](#), and  
 290 references therein). Convection would have become increasingly  
 important as both components develop extensive convective en-  
 velopes and evolved away from the main sequence towards the  
 FDU event. As a starting value, we chose the solar-calibrated  
 value of  $\alpha_{\text{MLT}} = 2.0$  used as a default in MESA ([Paxton et al.](#)  
 295 [2011](#)). As the literature suggests lower than solar mixing length  
 for similar stars to our targets (e.g. [Trampedach et al. 2014](#)), we  
 tested different values as described in Appendix A. From the re-  
 sults of this test, we decided to use  $\alpha_{\text{MLT}}$  between 1.4 and 1.6 in  
 the remainder of the paper, but not forcing the values to be equal  
 for both components. 300

The overshooting (or undershooting) of convective cells into  
 convectively stable radiative regions influences the diffusive  
 mixing in convective layers of the star and hence needs to be ac-  
 305 counted for in modeling. While the progenitor stars had insignif-  
 icant convective envelopes, a certain impact of mixing length on  
 the main-sequence evolution is expected due to the small con-  
 vective core in these stars. The effect grows with the convective  
 envelopes as the two stars rise on the sub-giant branch (SGB)

**Table 3.** Summary of cases considered for modeling KIC 9163796 and the associated constraints.

Case	Observables used in figure of merit	Constraints in addition to $\text{Age}_1 = \text{Age}_2$
A0	$T_{\text{eff},1}, T_{\text{eff},2}, \log g_1, \log g_2, q$	–
A1		$Z_1 = Z_2, Y_1 = Y_2,$
A2		$Z_{1,2} = Z_{\text{spec}}, Y_1 = Y_2$
A3		$Z_{1,2} = Z_{\text{spec}} \pm \sigma_{Z_{\text{spec}}}, Y_1 = Y_2$
B1	$T_{\text{eff},1}, T_{\text{eff},2}, \log g_2, q, \nu_{\text{max},1}$	$Z_1 = Z_2, Y_1 = Y_2$
B2		$Z_{1,2} = Z_{\text{spec}}, Y_1 = Y_2$
B3		$Z_{1,2} = Z_{\text{spec}} \pm \sigma_{Z_{\text{spec}}}, Y_1 = Y_2$
C1	$T_{\text{eff},1}, T_{\text{eff},2}, \log g_2, q, \nu_{\text{max},1}, \Delta\nu_1$	$Z_1 = Z_2, Y_1 = Y_2$
C2		$Z_{1,2} = Z_{\text{spec}}, Y_1 = Y_2$
C3		$Z_{1,2} = Z_{\text{spec}} \pm \sigma_{Z_{\text{spec}}}, Y_1 = Y_2$
D1	$T_{\text{eff},1}, T_{\text{eff},2}, \log g_2, q, \nu_{\text{max},1}, \Delta\nu_1, \Delta m\nu$	$Z_1 = Z_2, Y_1 = Y_2$
D2		$Z_{1,2} = Z_{\text{spec}}, Y_1 = Y_2$
D3		$Z_{1,2} = Z_{\text{spec}} \pm \sigma_{Z_{\text{spec}}}, Y_1 = Y_2$

**Notes.** The first column names the different optimization cases. The second column indicates those parameters included in the  $\chi_{\text{red}}^2$  optimization. The third column indicates any constraints in the model input, in addition to the requirement of both components exhibiting the same age, which has been applied to all cases.

and RGB, respectively. As widely used in literature (e.g. [Constantino et al. 2015](#), and references therein), we treat overshooting as exponential for our modeling. We tested the impact of different values for the overshooting parameter on our parameter determination. Because the changes of the model parameters with different overshooting parameters were at least an order of magnitude smaller than the changes induced by any other parameter in the model grid, we decided to use a fixed value for the overshooting for the remainder of this work. We decided to use a value of 0.014, because this best reproduces the observables of the system.

Another parameter requiring attention when performing 1D-stellar modeling is the (atmospheric) boundary conditions, particularly the temperature (and pressure) at a given optical depth  $\tau$ . In MESA, this is usually given as the  $T_\tau$  relation, set default to Eddington grey relation ([Paxton et al. 2011](#)). As extensively discussed by [Salaris et al. \(2018\)](#) and, more recently, by [Creevey et al. \(2024\)](#), the choice of the  $T_\tau$  relation in combination with the choice of  $\alpha_{\text{MLT}}$  can have a significant impact on the effective temperatures on the RGB. We tested different implementations of the  $T_\tau$  relation but decided to keep the Eddington grey relation because, in our case, it provided a better agreement with observations.

Using GYRE, we calculated the radial modes in the frequency range of the power excess for each model, ensuring all central frequencies along every evolutionary step up to the luminosity limit are encompassed. An example of the GYRE input file used for the calculation is shown in Appendix B.1. We derived a local  $\Delta\nu$  by using the central radial modes and their radial orders from Table 7 in [BKP18](#), and applying a linear regression to them, which resulted in a revised  $\Delta\nu = 12.89 \pm 0.02 \mu\text{Hz}$ . This value is slightly larger than the value reported for the local large frequency separation from auto-correlation in [BKP18](#). To correct the  $\Delta\nu$  from GYRE for surface effects and the deviation from the asymptotic approximation, we used the empirically determined

correction factor  $f_{\Delta\nu}$  introduced in Eq. 16 of [Li et al. \(2023\)](#) and applied it to the  $\Delta\nu$  acquired from the GYRE frequencies. We note that individual oscillation modes observed in active stars can experience higher order shifts in addition to surface effects and deviation from asymptotic regime ([Salabert et al. 2016](#)). We bypass this uncertainty by using the local large-frequency separation  $\Delta\nu$ , which will be less impacted by potential shifts, instead of individual modes. To be consistent with the definition of  $\Delta\nu$  derived from the GYRE oscillations, we recalculated the observed  $\Delta\nu$  similarly.

We set MESA to calculate the models with twice default temporal resolution (`time_delta_coeff=0.5`). Further modifications of the timesteps in MESA were necessary to model  $\Delta\nu$  with sufficient resolution compared to the uncertainty from observation (0.03  $\mu\text{Hz}$ ). Therefore, we had to set a maximum timestep of 0.2 Myr for all models cooler than 6000 K on the SGB and RGB and reduce it to 0.1 Myr for all masses exceeding 1.44  $M_\odot$ . Those GYRE-related timestep modifications are described in more detail in Sect. B.3.

Following the approach in the Python package `multimesa`<sup>4</sup>, the inlists were split up into a MESA Base inlist, constant for all computations, and another inlist file including only the parameters varied between the models (Table 2). For the calculations of the model grid, we built the inlists based on the `1M_pre_ms_to_wd` test suite, adapting it with the criteria mentioned above. An example of the MESA inlist, compiled from both the MESA Base and variable inlist used for our modeling, is provided in Appendix B.2.

The resulting model grid encompasses 12 096 single-star models. For higher computational efficiency, we evolved the models to a luminosity limit of  $\log L/L_\odot = 1.5$  as a stopping criterion for the model calculations. This value is well above the observationally determined luminosity of the primary of  $\log L/L_\odot \sim 1.2$ .

<sup>4</sup> available at <https://github.com/rjfarmer/multimesa>

## 4. Figure of merit and error estimation

This section will define a primary figure of merit used to determine the best-fitting models compared to the observations. Furthermore, we will discuss how the errors in fitting the observations are determined.

### 4.1. Definition of the figure of merit

To quantify the best combination of models for the primary and secondary from the model grid generated in Sect. 3, we compare the modeled parameters to the spectroscopic and seismic observables (Sect. 2). We use a reduced  $\chi^2_{\text{red}}$ -minimization approach, with its general form given by,

$$\chi^2_{\text{red}} = \frac{1}{n-m} \sum_{n=1}^N \left( \frac{y_{n,\text{obs}} - y_{n,\text{mod}}}{\sigma_n} \right)^2, \quad (2)$$

for a model with  $N$  parameters, where  $y_{n,\text{obs}}$  represents the observed quantity and  $y_{n,\text{mod}}$  the respective quantity from modelling, with  $\sigma_n$  being the observational error and  $n$  being the number of observables and  $m$  the number of fitted parameters.

The dynamical choice of timesteps between consecutive models in MESA, as described in Paxton et al. (2011), causes the timesteps to be non-uniform. We interpolate the steps in the time domain for every relevant parameter for each given model track to compare two models at identical times before performing the  $\chi^2_{\text{red}}$  calculation. This ensures that both components have the same age ( $\text{Age}_1 = \text{Age}_2$ ). We rebinned the secondary's evolutionary tracks to the primary's timesteps. Models younger than 0.5 Gyr are removed to prevent false minima in the  $\chi^2_{\text{red}}$  calculation when the star passes close to the observed values on the HRD during the pre-main-sequence phase. The frequency of maximum oscillation is calculated from the model's position on the HRD using the scaling relations (Kjeldsen & Bedding 1995).

For the  $\chi^2_{\text{red}}$  calculation, we allowed every combination of the models (representing primary and secondary, respectively) that fulfilled the criteria that the mass of the primary was equal or larger than the mass of the secondary ( $M_2 \leq M_1$ ), due to the solid constraint of the spectroscopic mass ratio  $q = M_1/M_2 = 1.015 \pm 0.005$ .

### 4.2. Error estimation

As outlined in Sect. 1, error estimation is crucial in stellar age determination. Equation 2 considers the observables' reported uncertainties (Sect. 2). The estimation of errors from the minimization in the  $\chi^2$  statistics for the fitted parameter  $\sigma_{i,y}$  is given as (Bevington & Robinson 2003),

$$\sigma_{i,y} = \sigma_n \chi^2, \quad (3)$$

with  $\sigma_n$  being the statistical error from the respective observable. If the smallest  $\chi^2_{\text{red}}$  is above one, we assume the observational uncertainty as an error for our analysis because lower (formal) uncertainties do not have a physical meaning in this context. This approach, however, does not appropriately work for age estimation since there is no trivial mathematical description connecting the input parameters with the respective age of the system.

For the error determination in age from the calculated  $\chi^2_{\text{red}}$ , we evaluate all  $\chi^2_{\text{red}} < 1$ , which, from a statistical viewpoint, have the same significance. From the scatter in age for these values with the same significance, we determine the edges of the area of confidence and give them as the upper and lower boundaries

for the  $1-\sigma$  uncertainty level. In case singular model points occur at a significantly higher or lower age with  $\chi^2_{\text{red}} < 1$ , we test if those are consistent with stellar models for the observational mass/metallicity, and if not, remove them as outliers from the analysis.

## 5. Determination of the best fitting models for different sets of parameters

Using the figure of merit defined in Sect. 4.1, in this section, we test different parameter combinations for calculating  $\chi^2_{\text{red}}$ . In the following subsections, we discuss the results of several cases where different sets of observables and constraints are used to find the best-fit model. The cases are summarized in Table 3. To show the improvements from strongly physically motivated parameter combinations, we also provide cases as a reference point that are less physically motivated but commonly used if fewer observational constraints are available.

### 5.1. Case A: Modeling of spectroscopic constraints

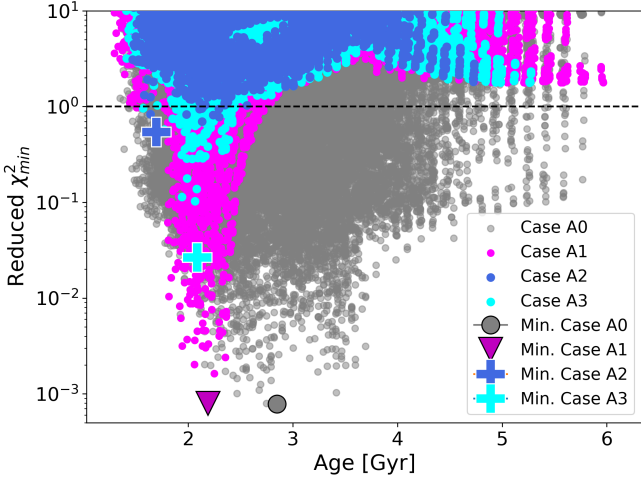
Using the  $\chi^2_{\text{red}}$  figure of merit introduced in its general form in Eq. 2, we first define the 'spectroscopic case'. The parameters used are the effective temperatures,  $T_{\text{eff},1}$  and  $T_{\text{eff},2}$ , the surface gravities  $\log g_1$  and  $\log g_2$  of the primary and secondary component, respectively as well as the mass ratio  $q$  from spectroscopy. This results in the formulation of the  $\chi^2_{\text{red}}$  estimation for case A to be,

$$\chi^2_A = \chi^2_{T_{\text{eff},1}} + \chi^2_{T_{\text{eff},2}} + \chi^2_{\log g_1} + \chi^2_{\log g_2} + \chi^2_q, \quad (4)$$

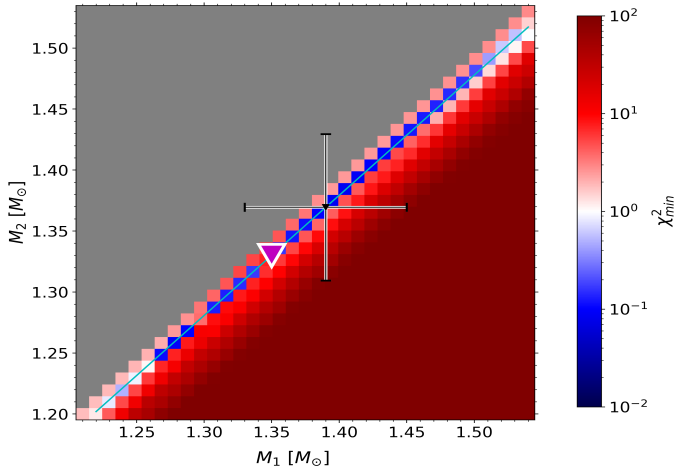
where each  $\chi^2_{\text{red}}$  is calculated according to the term after the sum in Eq. 2.

To exploit the potential provided by the co-evolution of the two components of the binary system, we subsequently apply stronger constraints justified by their stellar binarity and evolutionary history. We generate four different cases for each formulation of the figure of merit. In the simplest case, A0, the residuals according to Equation 4 are calculated for all the combinations of models that satisfy the aforementioned mass constraint,  $M_2 \leq M_1$ , independent of the primary's or secondary's model metallicity. Given that both stars were born from the same cloud, we apply constraints on the metallicity. For simplicity, this work assumes the initial heavy element abundance equaling the current heavy element abundance. We tested if the assumption of  $Z = Z_{\text{ini}}$  causes deviations in our parameter determination but received a null result since the theoretical difference between the initial and current metallicity is at least one order of magnitude smaller than the uncertainty from the spectroscopic observations (Salaris 2006; Nissen & Gustafsson 2018). For the case A1, we require the metallicity of both components to be equal (binary condition,  $Z_1 = Z_2$ ). In the case of A2, we enforce the same condition but additionally require the metallicity to be equal to the spectroscopic value ( $Z_{1,2} = Z_{\text{spec}}$ ). For case A3, we allow metallicities to vary within their  $1-\sigma$  uncertainty around the spectroscopic value ( $Z_{1,2} = Z_{\text{spec}} \pm \sigma_{Z_{\text{spec}}}$ ). For all three cases A1-A3, we also force the initial helium to be identical for the primary and secondary ( $Y_1 = Y_2$ ).

We compare the  $\chi^2_{\text{red}}$  distribution as a function of the age of the cases A0-A3 in Fig. 2. The age of the system for the different cases is taken from the mean of all  $\chi^2_{\text{red}}$  values present below 1, with the errors estimated as described in Sect. 4.2. The least constrained case A0 provides an age of  $2.68^{+3.12}_{-1.30}$  Gyr, the three cases with increasing constraints, A1, A2, and A3 lead to ages



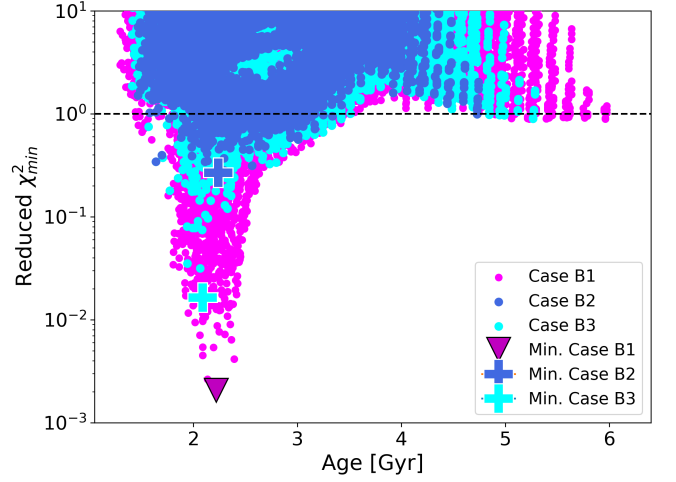
**Fig. 2.** Comparison of the best fitting solutions for case A regarding the treatment of metallicity. The grey solutions have the metallicity varying freely in the modeled range (Case A0), the magenta solution only allows values where the metallicity of the primary equals the metallicity of the secondary (Case A1), while the royal blue solutions force both metallicities to be equal to the spectroscopic solution (Case A2). The cyan part only allows values in the range of  $1\sigma$  around the spectroscopic value (Case A3). The magenta triangle, blue cross, and grey dot mark the respective minima of the corresponding datasets.



**Fig. 3.** Secondary mass and  $\chi^2_{\text{red}}$ -minima as a function of primary mass from the models with the condition of equal metallicity of both components  $Z_1 = Z_2$  (Case A1). The color bar indicates the respective  $\chi^2_{\text{red}}$ -minima on a logarithmic scale. The residuals were calculated with enforcing  $M_1 \geq M_2$ ; the gray area represents the respective space where no  $\chi^2_{\text{red}}$  is calculated due to this condition. The seismic solution, including its error bars from BKP18, is given in black, the absolute  $\chi^2_{\text{red}}$ -minimum is given in magenta triangle, and the green line represents the spectroscopic mass ratio of  $q = 1.015$ .

of  $2.19^{+0.53}_{-0.69}$  Gyr,  $1.70^{+0.60}_{-0.10}$  Gyr and  $2.09^{+0.35}_{-0.52}$  Gyr, respectively. Additionally, the minimum  $\chi^2_{\text{red}}$  increases by about an order of magnitude towards  $\chi^2_{\text{red}} = 1$  for each case (A0 to A3).

Figure 3 shows the  $\chi^2_{\text{red}}$  in the plane of the masses of the primary and secondary components for case A1 and the associated best-fitting solution. A clear trend following a diagonal line is visible, corresponding to the spectroscopic mass ratio  $q = 1.015$ . For case A0, A1, and A3 we observe the best fitting solution at masses of  $M_1 = 1.35 \pm 0.06 M_{\odot}$  and  $M_2 = 1.33 \pm 0.06 M_{\odot}$ .



**Fig. 4.** Comparison of the best fitting solutions regarding the treatment of metallicity (set equal for primary and secondary: magenta; set equal and to spectroscopic value: royal blue; set equal and within a  $1\text{-}\sigma$  range of the spectroscopic metallicity: cyan) for the case of including the local  $\Delta\nu$  in the figure of merit (Case B). Symbols and colors are identical to Fig. 2.

Only for case A2 do we observe significantly higher masses for the best fitting solutions at  $M_1 = 1.53 \pm 0.06 M_{\odot}$  and  $M_2 = 1.51 \pm 0.06 M_{\odot}$ .

## 5.2. Case B: Modeling including $\nu_{\text{max}}$ -constraint

To evaluate the surplus of additional asteroseismic constraints provided by the stellar oscillations, we now introduce the global seismic parameters  $\nu_{\text{max}}$  the figure of merit (case B). The corresponding value of the primary's  $\nu_{\text{max}}$  of the stellar models is obtained with the scaling relations (Kjeldsen & Bedding 1995). Because  $\nu_{\text{max}}$  is strongly correlated with the surface gravity  $g$  via the scaling relations (Brown et al. 1991; Kjeldsen & Bedding 1995; Kallinger et al. 2014),

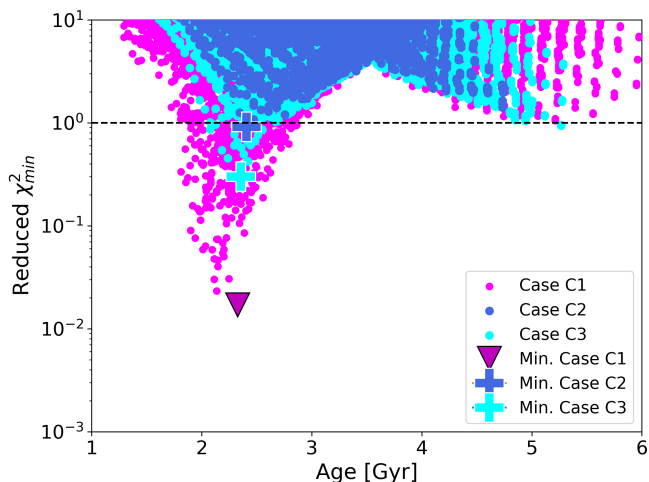
$$\nu_{\text{max}} \propto \nu_{\text{ac}} \propto g T_{\text{eff}}^{-1/2}, \quad (5)$$

we remove the latter as an observable. Therefore, the following formulation of the figure of merit for case B is,

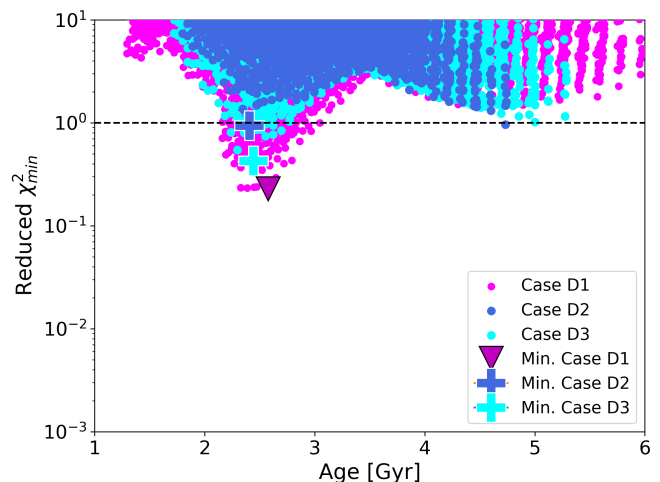
$$\chi^2_B = \chi^2_{T_{\text{eff},1}} + \chi^2_{T_{\text{eff},2}} + \chi^2_{\log g_2} + \chi^2_q + \chi^2_{\nu_{\text{max},1}}. \quad (6)$$

For case B, the minima of the  $\chi^2_{\text{red}}$  for the model combination in the age- $\chi^2_{\text{red}}$  plane is given in Fig. 4. The cases B1, B2, and B3 lead to ages between 2.09 and 2.24, with the exact values in Table 4. While the minima for case B1 ( $Z_1 = Z_2$ ) is prominent, the minima for B2 ( $Z_{1,2} = Z_{\text{spec}}$ ) and B3 ( $Z_{1,2} = Z_{\text{spec}} \pm \sigma$ ) are more spread out, suggesting that constraints beyond binarity could lead to an over-fitted solution.

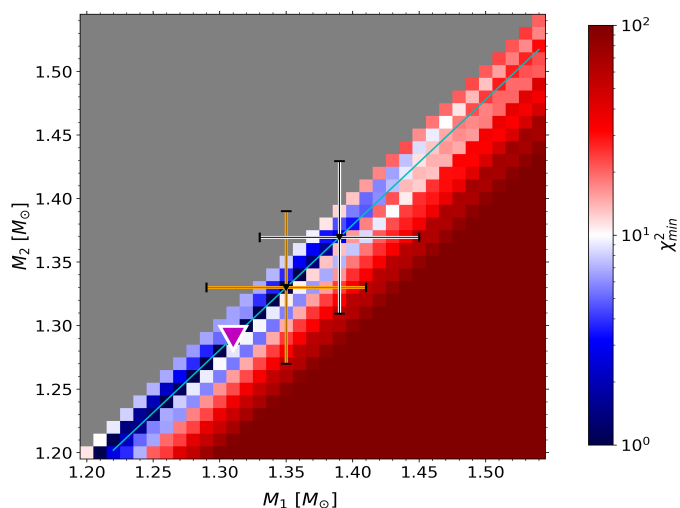
Regarding the mass, the best fitting model suggests a primary mass of  $M_1 = 1.37 \pm 0.06 M_{\odot}$ , and secondary mass of  $M_2 = 1.35 \pm 0.06 M_{\odot}$ , located at the upper end of the  $1\text{-}\sigma$  error-bars from observation. All cases B1-B3 suggest a spectroscopic metallicity of  $Z_{1,2} = 0.007 \pm 0.002$  and a helium abundance of  $Y_{1,2} = 0.27 \pm 0.03$ .



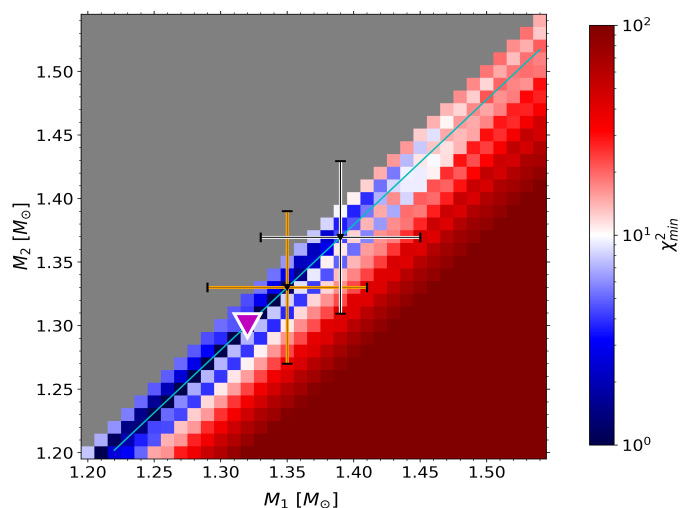
**Fig. 5.** Comparison of the best fitting solutions regarding the treatment of metallicity (set equal for primary and secondary: magenta; set equal and to spectroscopic value: royal blue; set equal and within a  $1\text{-}\sigma$  range of the spectroscopic metallicity: cyan). The figure of merit used includes the local  $\Delta\nu$  and  $\nu_{\max}$  of the primary in the figure of merit (Case C). Symbols and colors are identical to Fig. 2. The dashed horizontal line shows where  $\chi_{\text{red}}^2 = 1$ .



**Fig. 7.** Comparison of the best fitting solutions regarding the treatment of metallicity (set equal for primary and secondary: magenta; set equal and to spectroscopic value: royal blue; set equal and within a  $1\text{-}\sigma$  range of the spectroscopic metallicity: cyan) for the case of including the local  $\Delta\nu$  of the primary and the magnitude difference of both components into the figure of merit (Case D). Symbols and colors are identical to Fig. 2. The dashed horizontal line shows where  $\chi_{\text{red}}^2 = 1$ .



**Fig. 6.** The residuals of the  $\chi_{\text{red}}^2$ -Minimization as a function of the primary mass  $M_1$  and secondary mass  $M_2$  with the condition of equal metallicity within the uncertainty range of the spectroscopic value of both components  $Z_{1,2} = Z_{\text{spec}} \pm \sigma_{Z_{\text{spec}}}$  (Case C3); with the inclusion of  $\Delta\nu$  in the figure of merit. Colors and symbols are the same as in Fig. 3. We added the revised seismic masses obtained from the corrected  $\Delta\nu$  value as an orange cross.



**Fig. 8.** The residuals of the  $\chi_{\text{red}}^2$ -Minimization as a function of the primary mass  $M_1$  and secondary mass  $M_2$  with the condition of equal metallicity within the uncertainty range of the spectroscopic value of both components  $Z_{1,2} = Z_{\text{spec}} \pm \sigma_{Z_{\text{spec}}}$  (Case D3); with the inclusion of  $\Delta\nu$  in the figure of merit. Colors and symbols are the same as in Fig. 3. We added the revised seismic masses obtained from the corrected  $\Delta\nu$  value as an orange cross.

### 5.3. Case C: Modeling including $\Delta\nu$ -constrain

As a next step, we include  $\Delta\nu$  of the primary in the figure of merit. Therefore, the figure of merit for our case C reads,

$$\chi_C^2 = \chi_{T_{\text{eff},1}}^2 + \chi_{T_{\text{eff},2}}^2 + \chi_{\log g_2}^2 + \chi_q^2 + \chi_{\nu_{\max,1}}^2 + \chi_{\Delta\nu_1}^2 \quad (7)$$

The addition of  $\Delta\nu$  in the figure of merit should bring the advantage of being independent of scaling relations but instead rely on observed frequencies. The large frequency separation is calculated using GYRE as outlined in Sect. 3. Again, the numbering of the cases C1 to C3 corresponds to the same constraints on

mass, metallicity, and initial helium as described for the cases of the groups A and B and are listed in Table 3.

Using this new set of observables, the best-fit models have ages in the range of between 2.32 Gyr and 2.40 Gyr (Tab. 4), with the variation between the cases with the different initial metallicity constraints, C1 to C3, being less than 0.1 Gyr (Fig. 5). Regarding the mass, the best-fitting models point to a lower mass than in previous cases, down to  $M_1 = 1.31 \pm 0.06 M_{\odot}$  and  $M_2 = 1.29 \pm 0.06 M_{\odot}$ , in case of case C3, for the primary and secondary mass, respectively (Fig. 6).

**Table 4.** Summary of cases considered for modeling KIC 9163796 and the associated stellar parameters determined from  $\chi^2_{\text{red}}$  minimization.

Case	$M_1$ [ $M_\odot$ ]	$M_2$ [ $M_\odot$ ]	Y	Z	$\alpha_{\text{MLT},1}$	$\alpha_{\text{MLT},2}$	Common Age [Gyr]	$\chi^2_{\text{red}}$
A0	$1.35 \pm 0.06$	$1.33 \pm 0.06$	$0.28 \pm 0.03$	$0.004 \pm 0.002$	1.5	1.5	$2.68^{+3.12}_{-1.30}$	0.001
A1	$1.35 \pm 0.06$	$1.33 \pm 0.06$	$0.28 \pm 0.03$	$0.004 \pm 0.002$	1.5	1.5	$2.19^{+0.53}_{-0.69}$	0.01
A2	$1.53 \pm 0.06$	$1.51 \pm 0.06$	$0.28 \pm 0.03$	0.007*	1.4	1.6	$1.70^{+0.60}_{-0.10}$	0.6
A3	$1.36 \pm 0.06$	$1.34 \pm 0.06$	$0.30 \pm 0.03$	$0.006 \pm 0.002$	1.4	1.5	$2.09^{+0.35}_{-0.52}$	0.3
B1	$1.37 \pm 0.06$	$1.35 \pm 0.06$	$0.27 \pm 0.03$	$0.007 \pm 0.002$	1.4	1.5	$2.22^{+1.28}_{-0.77}$	0.002
B2	$1.35 \pm 0.06$	$1.33 \pm 0.06$	$0.30 \pm 0.03$	0.007*	1.4	1.4	$2.24^{+1.09}_{-0.60}$	0.3
B3	$1.36 \pm 0.06$	$1.34 \pm 0.06$	$0.30 \pm 0.03$	$0.006 \pm 0.002$	1.4	1.5	$2.09^{+1.33}_{-0.52}$	0.02
C1	$1.35 \pm 0.06$	$1.33 \pm 0.06$	$0.27 \pm 0.03$	$0.004 \pm 0.002$	1.4	1.5	$2.32^{+0.32}_{-0.54}$	0.05
C2	$1.32 \pm 0.06$	$1.30 \pm 0.06$	$0.30 \pm 0.03$	0.007*	1.4	1.6	2.40**	0.9
C3	$1.31 \pm 0.06$	$1.29 \pm 0.06$	$0.30 \pm 0.03$	$0.006 \pm 0.002$	1.6	1.4	$2.35^{+0.20}_{-0.28}$	0.3
D1	$1.31 \pm 0.06$	$1.29 \pm 0.06$	$0.27 \pm 0.03$	$0.005 \pm 0.002$	1.5	1.4	$2.58^{+0.39}_{-0.42}$	0.4
D2	$1.32 \pm 0.06$	$1.30 \pm 0.06$	$0.30 \pm 0.03$	0.007*	1.6	1.4	2.41**	0.9
D3	$1.32 \pm 0.06$	$1.30 \pm 0.06$	$0.29 \pm 0.03$	$0.007 \pm 0.002$	1.6	1.4	$2.44^{+0.25}_{-0.21}$	0.7

**Notes.** The first column provides the naming of the different optimization, while the second column indicates those parameters included in the  $\chi^2_{\text{red}}$  optimization, and the third column indicates any constraints in the model input. The fourth column indicates the common age ( $\text{Age}_1 = \text{Age}_2$ ) the  $\chi^2_{\text{red}}$  minimization provides, including the respective error bars, obtained as described in 4.2. The fifth column provides the mass of the primary  $M_1$  for the best-fitting model, while the sixth and seventh columns provide the initial metallicity Z and initial helium Y for this model, respectively. The last column indicates the minimum  $\chi^2_{\text{red}}$  value obtained for this case. No error bars for metallicity are given in the cases marked with \* since, in those cases, we forced the metallicity to be at the value of 0.007. For the cases marked with \*\*, insufficient data points were below the  $\chi^2_{\text{red}}$  threshold to attribute a formal error.

#### 5.4. Case D: Modeling including magnitude difference

Up to this point, we have used more constraints regarding the primary than the secondary. One additional constraint we could use is the frequency of maximum oscillation  $\nu_{\text{max}}$  of the secondary. As described in Sect. 2, its  $\nu_{\text{max}}$  is reflected from the super-Nyquist regime and overlaps with the power excess of the primary and has been estimated using spectroscopic parameters, already included in the figure of merit. Therefore, we refrain from using  $\nu_{\text{max}}$  of the secondary as an additional observable. The frequency of maximum oscillations  $\nu_{\text{max}}$  is correlated with the total luminosity  $L$  of a star (Brown et al. 1991) by,

$$\nu_{\text{max}} \propto \frac{M}{L} T_{\text{eff}}^{3.5}. \quad (8)$$

Because both components are at the same distance from us and affected by the same extinction, we can use the difference between the two absolute magnitudes as a proxy for the luminosity difference, and hence derive  $\nu_{\text{max}}$  of the secondary. The magnitude difference between the two components was inferred by BKP18 using the spectroscopic parameters (Table 1) and the total flux of the system in Johnson V. This led to an estimation of  $\Delta m_v = 0.58 \pm 0.08$ . The theoretical value is calculated as the difference of the default MESA output of magnitudes in Johnson V between the model of the primary and secondary at every timestep.

We, therefore, extend case C with the magnitude difference as an additional parameter. We define case D as,

$$\chi^2_D = \chi^2_{T_{\text{eff},1}} + \chi^2_{T_{\text{eff},2}} + \chi^2_{\log g_2} + \chi^2_q + \chi^2_{\nu_{\text{max},1}} + \chi^2_{\Delta v_1} + \chi^2_{\Delta m_v}. \quad (9)$$

Adding the magnitude difference as an observable results in a distinct distribution of  $\chi^2_{\text{red}}$ -minima over age (Fig. 7). For

all cases, the  $\chi^2_{\text{red}}$  values are close to 1. The ages of the best fitting model combinations for case D range from 2.44 Gyr to 2.58 Gyr, with uncertainties in the same order of magnitude as in case C (Table 4). The masses given by this model case resemble those of cases C2 and C3, with cases D1 being 0.01  $M_\odot$  lower than the masses for cases D2 and D3 ( $M_1 = 1.31 \pm 0.06 M_\odot$  and  $M_2 = 1.30 \pm 0.06 M_\odot$ , Fig. 8).

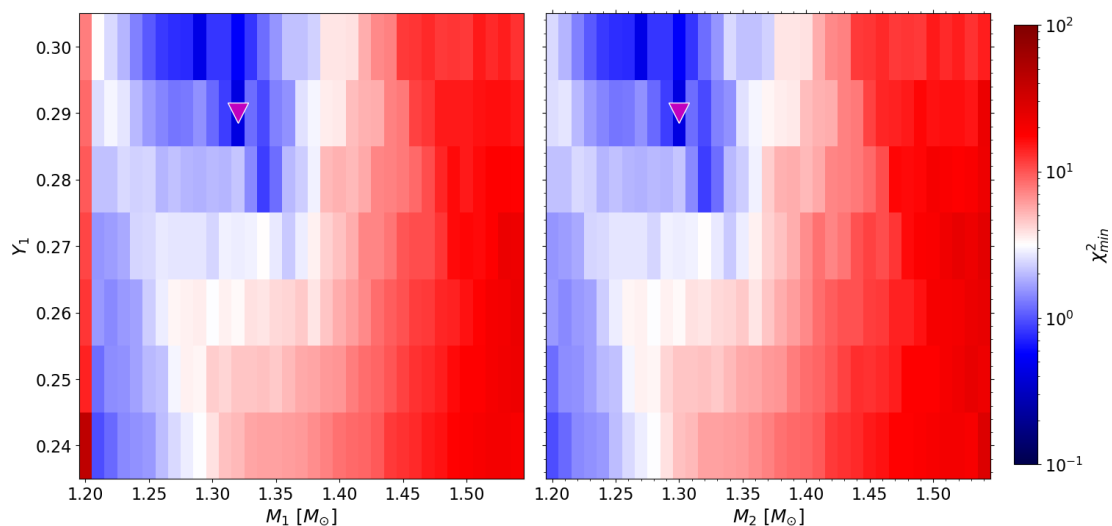
As another aspect, we consider the variations in initial helium abundance and its effect on the best-fitting model in Fig. 9. For case D3, as the one considered the most physical, the models suggest helium abundances  $Y_{1,2} = 0.29$ . This is also true if we do not force any binary condition regarding the helium abundances. Regarding the stellar metallicity, Fig. 10 depicts an example of the figure of merit as a function of metallicity and mass for the metallicity restricted to case D3. We observe a clear tendency to lower than spectroscopic metallicity, and the best fitting models all relax around  $Z_{1,2} = 0.004$ .

## 6. Discussion

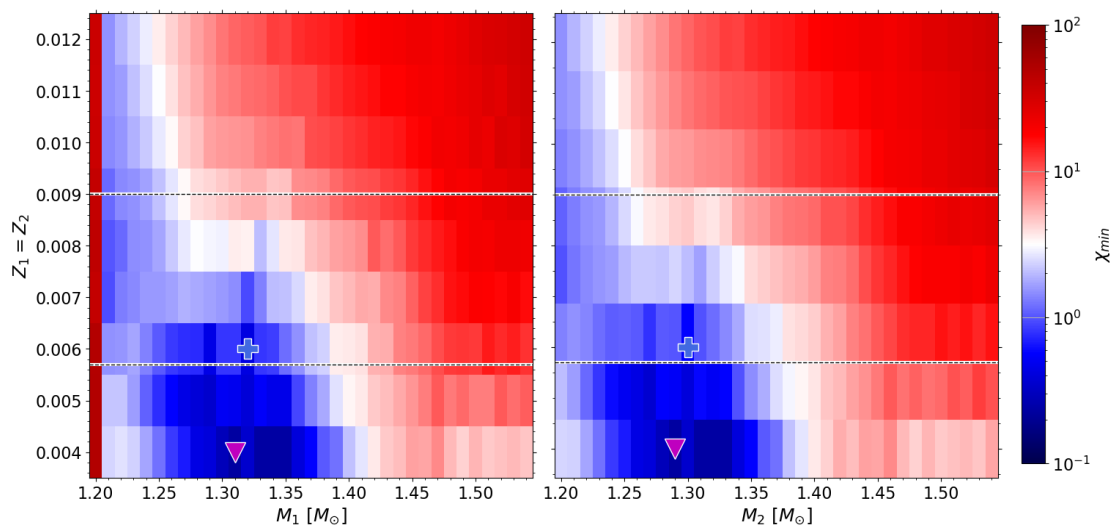
Here, we compare the results for the stellar age and fundamental parameters of KIC 9163796 derived in the previous section and place them in the context of existing modeling/observational studies in the literature. We focus on cases C and D because these are the most physically motivated ones (Sect. 5).

### 6.1. Stellar age

A comparison of the age determination results for models using the different observables and constraints (cases A to D, including the subcases) is shown in Fig. 11. The least constrained case



**Fig. 9.** Residuals of  $\chi^2_{\text{red}}$ -Minimization in the mass-initial helium plane for both components (primary left, secondary right), for case D3. The best-fitting solution for each is marked as a magenta triangle.

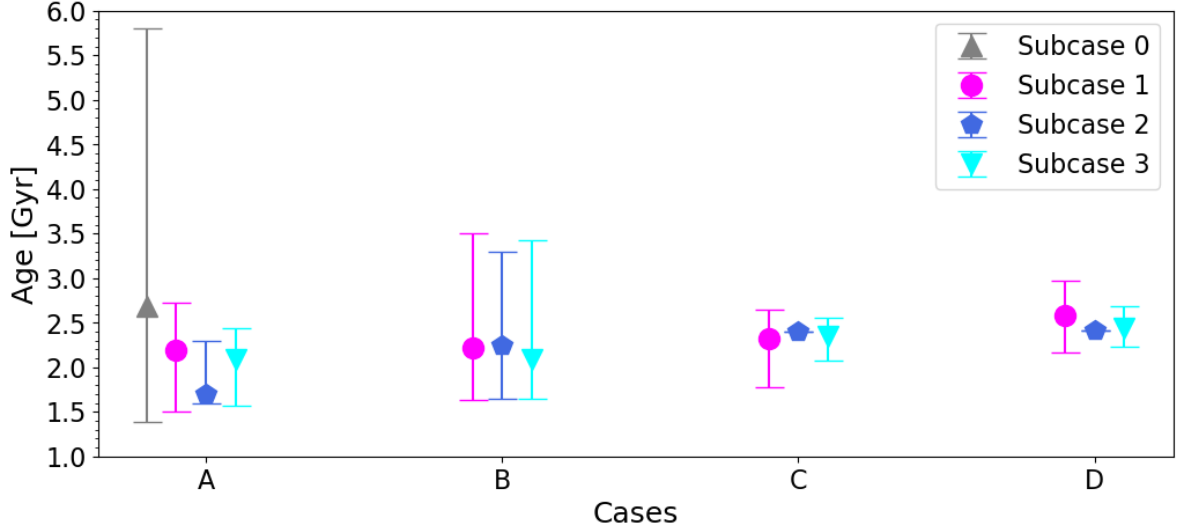


**Fig. 10.** Residuals of the  $\chi^2_{\text{red}}$ -minimization in the mass-metallicity plane for both components (primary left, secondary right), for identical metallicities for both components (Case D1). For this case, the magenta triangle marks the best-fitting solution. For the analogous case, with both model metallicities forced to be in the  $1\text{-}\sigma$ -uncertainty of the spectroscopic value (Case D3), the best fitting solution is given as a blue cross. The dashed lines show the  $1\text{-}\sigma$ -errorbar around the spectroscopic metallicity.

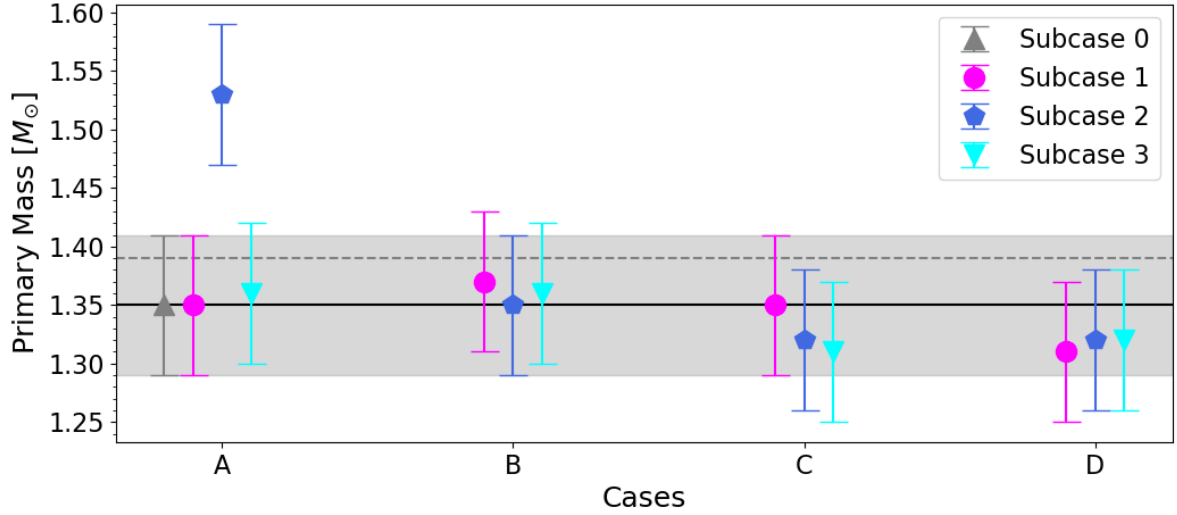
595 A0 provides an age estimation of 2.68 Gyr with an absolute age  
range within the error bars of  $\sigma_t(\text{A0}) = 4.4$  Gyr ( $\sim 100\%$ ). The  
results for this case are similar to a single star or components of  
an unconstrained binary and serve as a reference point if no addi-  
600 tional constraints are available. Applying the binary condition of  
 $Z_1 = Z_2$  in cases A1, A2, and A3 clearly reduces the uncertainty  
in the age of the models and raises the respective  $\chi^2_{\text{red}}$ -minima  
towards one, demonstrating that constraints from binarity help  
breaking degeneracies in parameter space. For cases B, where  
 $\nu_{\text{max}}$  is applied in addition to the spectroscopic constraints, con-  
sistent ages at around 2.0 Gyr arise from the modeling. All three  
605 subcases of case B exhibit error bars of similar size, indicating  
that the impact of  $\nu_{\text{max}}$  in the figure of merit overwrites the ef-  
fect of the constraints from binarity. Additionally, we note that  
the difference in uncertainty between cases A and B could be due  
to competing minima from pure spectroscopic (cases A) and  
610 spectroscopic and asteroseismic (cases B) parameters.

Now, if we move to cases where we use all seismic with all  
binary constraints, the centroids for the ages are slightly higher  
compared to the previous cases (between 2.32 Gyr for case C1 to  
2.40 Gyr for case C2), the respective ranges in uncertainties are  
considerably smaller, with the value for C3, as the most realistic  
615 and physical subcase, being  $\sigma_t(\text{C3}) = 0.48$  Gyr ( $\sim 10\%$ ). Further-  
more, similarly to case B, we note that more constraints lead to  
a  $\chi^2_{\text{red}}$  value closer to 1, hence more realistic physical models.

We see a very similar picture for cases D, where the magni-  
tude difference is also included in addition to the spectroscopic  
and seismic constraints. Case D1 provides the highest age esti-  
mation of all binary constrained models with an age of 2.58 Gyr,  
with an errorbar range of  $\sigma_t(\text{D1}) = 0.81$  Gyr. This result can  
likely be attributed to the  $\chi^2_{\text{red}}$  distribution being flat at the min-  
imum point of case D1, with several models with almost identical  
620  $\chi^2_{\text{red}}$  values but ages varying from 2.2 Gyr and 2.6 Gyr. Case  
D2 behaves almost identically to case C2 regarding the value  
and the error bars, suggesting that the strict metallicity restric-  
625



**Fig. 11.** Age estimations for the different cases of the figure of merit, including their uncertainties. The cases are calculated as described in Sect. 4, with the cases color coded as follows: magenta:  $Z_1 = Z_2$ ; royal blue:  $Z_{1,2} = Z_{\text{spec}}$ ; cyan:  $Z_{1,2} = Z_{\text{spec}} \pm \sigma_{Z_{\text{spec}}}$ .



**Fig. 12.** Mass estimations for the primary for different cases of the figure of merit, including their uncertainties. The color coding is the same as in Fig. 11. The black solid line indicates the revised mass estimation from observations, with the gray area indicating the respective  $1\text{-}\sigma$  error. The gray dashed line indicates the mass as given in BKP18.

tion overrides any effects introduced by the magnitude difference. Conclusively, case D3 provides an age of 2.44 Gyr, with a range in the  $1\text{-}\sigma$  errorbars of  $\sigma_t(\text{D3}) = 0.46$  Gyr, hence being the only case with a relative age error below 10%. Case D3 is also the most physically motivated, as it includes all relevant parameters from spectroscopy, asteroseismology, and photometry in addition to reasonable binary constraints regarding the chemical abundances.

As visible from Fig. 11, the cases including  $\Delta\nu$  as a constraint (case C and D) exhibit ages  $\sim 0.2$  Gyr higher compared to respective subcases of cases A and B. The ages determined from all cases that include seismic constraints (B, C, D), lead to very consistent age determinations that scatter with less than 8%.

## 6.2. Stellar mass

The masses determined from the modeling for the different observables and constraints are depicted in Fig. 12. It can be seen

that the masses for cases C and D are slightly lower than those for cases A and B. To consistently compare the masses from modeling with the observed seismic masses, we need to redetermine the masses from the scaling relations, taking the correction factor  $f_{\Delta\nu}$ , introduced in Sect. 5.2 into account. Using Eq. 14 from Li et al. (2023) and a  $f_{\Delta\nu} = 0.974$ , derived from the centroids of the observational parameters of the primary and Eq. 16 from Li et al. (2023), leads to a revised primary mass of  $M_1 = 1.35 \pm 0.06 M_{\odot}$  and, using the mass ratio from spectroscopy, a secondary mass of  $M_2 = 1.33 \pm 0.06 M_{\odot}$ .

All values from our modeling, except for the outlier in case A2, fall well within the  $1\text{-}\sigma$  error bars of the scaling-based determined mass of both components (Fig. 12). This is an important indication of our model correctly reproducing the two stellar components of KIC 9163796. The outlier of case A2 however, exhibits significantly higher masses, with a primary mass of  $1.53 M_{\odot}$ , probably caused by restricting the metallicity to exactly the spectroscopic value, and also reflected in the signifi-

cantly younger age of this case (Sect. 6.1). When including the local  $\Delta\nu$  in the figure of merit in case C, we observe slightly lower masses for the more constrained cases C2 and C3, with primary masses for those cases being  $1.31 M_{\odot}$  to  $1.32 M_{\odot}$ , respectively. For case D, where we include the magnitude difference into the figure of merit, we receive similarly low masses as in case C, with the primary mass between  $1.31 M_{\odot}$  to  $1.32 M_{\odot}$  and the secondary mass between  $1.29 M_{\odot}$  to  $1.30 M_{\odot}$ . This behavior indicates that mass estimations, including  $\nu_{\max}$  and  $\Delta\nu$ , tend to provide slightly lower mass models than results solely from spectroscopy. Eventually, this is consistent with the higher ages obtained for cases C and D discussed in the previous subsection (Fig. 11). The mass consistency among cases C and D aligns with those cases being the most physically motivated ones.

As shown in Fig. 3, 6 and 8 the mass ratio is clearly reproduced when the residuals are plotted in the  $M_1$ - $M_2$  plane. Experiments have shown that this is also the case if  $q$  is not included in the figure of merit. For all cases, invariant of constraints or different figures of merit, the mass ratio  $q = 1.015$  is always conserved, hence pointing to the mass ratio as a unique benefit and reliable constraint arising from the SB2 nature of the system.

### 6.3. Convective mixing length

The exact value for  $\alpha_{\text{MLT}}$  varies between the cases without any obvious correlations (Table 2). This behavior might be caused by the model correcting itself for possible systematic problems in either of the surface temperature measurements. However, the  $\alpha_{\text{MLT}}$  for the primary is lower or equal to the  $\alpha_{\text{MLT}}$  of the secondary for most of the cases, except case D. This pattern of  $\alpha_{\text{MLT},1} \leq \alpha_{\text{MLT},2}$  indicates that the  $\alpha_{\text{MLT}}$  might not be constant over the evolution of a star, but rather it could decrease as the star rises on the sub-giant/red-giant branch when the extension on the super-adiabatic region strongly increases. This result appears to provide some support to previous mixing-length calibration studies, such as Joyce & Tayar (2023); Trampedach et al. (2014), as well as it shows that relying on a single solar-calibrated  $\alpha_{\text{MLT}}$  value in stellar modeling might not be fully advisable, especially for stars whose mass, evolutionary stage and/or chemical composition are significantly different than those of Sun-like stars. For instance, Tayar et al. (2017) suggested that the super-adiabatic convection efficiency should decrease with decreasing metal abundance, but on the same topic Salaris et al. (2018) - by using a different set of model predictions - have obtained a quite different conclusion, and have shown that the exact heavy element distribution (solar scaled versus  $\alpha$ -enhanced one) plays a role in the comparison between observations and stellar models. Needless to say, to shed light on this important topic, it is important to increase the sample of (binary) stars with accurately determined physical properties.

As we have limited the range for  $\alpha_{\text{MLT}}$  as described in Appendix A using the spectroscopic case A, we retested if, for the Cases B to D, better fitting models occur outside the limited range. This test confirmed our choice of limiting  $\alpha_{\text{MLT}}$ , as no best-fitting models outside the range were found.

### 6.4. Initial He and metallicity

Regarding the initial helium abundance, there is a distinct trend. Without exception, all cases show an initial helium abundance greater than the generally accepted primordial helium abundance of 0.24 (Charbonnel et al. 2017). The modeled helium abundances range from 0.27 to 0.30, with a formal uncertainty of

$\pm 0.03$ . Due to the comparatively young age of the system of around 2 Gyr, born around 11 Gyr after the Big Bang, this enriched initial helium value is quite plausible and also consistent with the modeling of similar - although single - stars (Verma et al. 2019). Furthermore, enforcing stronger metallicity constraints, as in cases 2 and 3, respectively, leads to higher initial helium abundances than those with less stringent or no constraints (subcases 0 and 1).

Comparing the results for the metallicity of the best-fitting models, it occurs that subcases 1, with no numerical restriction for the initial heavy element abundance, exhibit a  $Z$  value at the lower boundary of the model grid range ( $Z_{1,2} = 0.004 \pm 0.002$ ). This is significantly lower than the spectroscopic value for  $Z$ , even when accounting for the observational errors (Fig. 10). Also, case A0, with no binarity constraints, exhibits an initial heavy metal abundance of  $Z_{1,2} = 0.004 \pm 0.002$ . Following directly from the constraints in cases 2 and 3, forcing both components to the spectroscopic and spectroscopic metallicity, including the  $1\text{-}\sigma$  observational error bars, respectively, lead to higher metallicities, as shown in Table 4. Apart from this trend, we observe no clear correlations in the results for metallicity. However, it is a crucial parameter for constraining the model parameter space, particularly for the age determination, as we have demonstrated in Sect. 6.1.

### 6.5. Figures of merit and model uncertainty

Eventually, it should be noted that - following the description in Sect. 4.2 - all uncertainties for stellar parameters, except the age, are dominated by the observational uncertainties of the input parameters. Therefore, an improvement in the uncertainty of those parameters would directly lead to an improvement in the model uncertainties. Across cases A and B, subcase 2 systematically has smaller error bars because it is chosen for a single metallicity bin, while subcases 3 take a wider bin and therefore allows for more combinations, which increases the uncertainty. We furthermore note that for the cases C2 and D2, no formal uncertainties were attributed, since only one modeling point was located below the threshold of  $\chi_{\text{red}}^2 < 1$ , but it is reasonable to assume errorbars of at least the same order or magnitude as for the respective subcases 3. Therefore, we consider subcase 3 the more physical case as it properly accounts for the uncertainties in observations.

## 7. Conclusion

In this work, we performed comprehensive modeling of the red giant-subgiant asteroseismic SB2 binary system KIC 9163796. We build a multidimensional grid in parameter space to accurately model the primary and secondary using the MESA stellar evolution code and GYRE oscillations code. By using constraints from spectroscopy, asteroseismology, and binarity and different formulations of a  $\chi_{\text{red}}^2$  figure-of-merit, we determined precise ages and stellar parameters ( $M$ ,  $Z$ ,  $Y$ ,  $\alpha_{\text{MLT}}$ ) for the binary system. These results are summarized in Table 4. The age of the system adopted from the case with the most comprehensive physical constraints (Case D3, see Table 4) is given as  $2.44^{+0.25}_{-0.21}$  Gyr.

All cases with binarity constraints tested in this work converge to ages within less than 20 % of each other, with a maximum of 2.58 Gyr (Case D1) and a minimum of 2.09 Gyr (Case B3), while those cases including all seismic constraints (C, D) lead to consistent age determinations as well (scatter of less than

8 %). This demonstrates the robustness of age determination using the combined approach with data from spectroscopy, asteroseismology, and binarity. Additionally, we showed that, in particular, constraints from binarity lead to a significant improvement in age uncertainties, for the best case bringing them down to 9 %, an order of magnitude improvement compared to a modeling approach, without asteroseismic and binarity constraints. Furthermore, across all modeling cases, the minimum  $\chi_{\text{red}}^2$  values get closer to 1 when applying constraints from binarity, pointing to less overfitting and more realistic models. In addition, our analysis also demonstrates that adequately calibrated parameters from asteroseismology, in particular  $\Delta\nu$ , can lead to more precise age estimations compared to using only observables from spectroscopy (Fig. 11). We conclude that constraints from binarity and asteroseismology can break degeneracies and certain limitations arising from 1D-modeling (e.g., see conclusions of Joyce & Tayar 2023) and improve the precision of age determination significantly.

With this detailed study, we demonstrated that well-modeled systems like KIC 9163796, which are observationally well constrained from photometry, spectroscopy, and asteroseismology, have the diagnostic potential for testing the internal physics that otherwise is challenging from single star models. We showed this by constraining the initial helium abundance  $Y$  and the mixing-length parameter  $\alpha_{\text{MLT}}$ , both parameters usually inaccessible to observations. The higher than primordial initial helium abundance and lower than solar  $\alpha_{\text{MLT}}$  shown in our modeling is compatible with the system's age and evolutionary stage and in agreement with previous studies.

This in-depth modeling demonstrated that KIC 9163796 is a benchmark system for constraining stellar age. As stated in Miglio et al. (2014), many constrained systems like the prototype KIC 9163796 should exist; however, few of them have been found, none of which has been modeled in such depth. Further analysis is necessary to find more oscillating binary systems like KIC 9163796 with similar constraints from seismology and binarity.

Possible further constraints, particularly for age determination, could arise from the study of eclipsing binary systems (Gaulme et al. 2022; Rowan et al. 2024) or stellar clusters (Brogaard et al. 2023; Reyes et al. 2024) containing solar-like oscillators. Beck et al. (2024) has reported over 900 new oscillating binary systems by cross-correlation of *Gaia* DR3 data with sample catalogs of solar-like oscillators. The authors suggest that astrometric binary systems for which an SB2 signature has been found could significantly expand the sample size of benchmark systems like KIC 9163796 in number, evolutionary states, and parameter space. Also, using individual frequencies of the modes in future modeling can help to improve further the estimation of stellar ages and other parameters (Li et al. 2022, 2024).

Future asteroseismic space missions, particularly the ESA PLATO Mission (Rauer et al. 2014; Rauer et al. 2024), will be able to provide us with high signal-to-noise asteroseismic data of thousands of unstudied main-sequence and red-giant oscillators. In particular, the Science Validation and Calibration PLATO Target Input Catalogue (scvPIC) contains several thousand potential benchmark binary systems with known inclinations, which potentially host main-sequence or giant solar-like oscillators. Using these future datasets in combination with existing ones, such as The Apache Point Observatory Galactic Evolution Experiment (APOGEE; Majewski et al. 2017) and *Gaia* (Gaia Collaboration et al. 2016), and extended by ground-based follow-up programs will enable us to use constraints from asteroseismology, spectroscopy and binarity to advance our knowledge about the Milky

way's history, dynamics and chemical composition in the context of galactic archaeology.

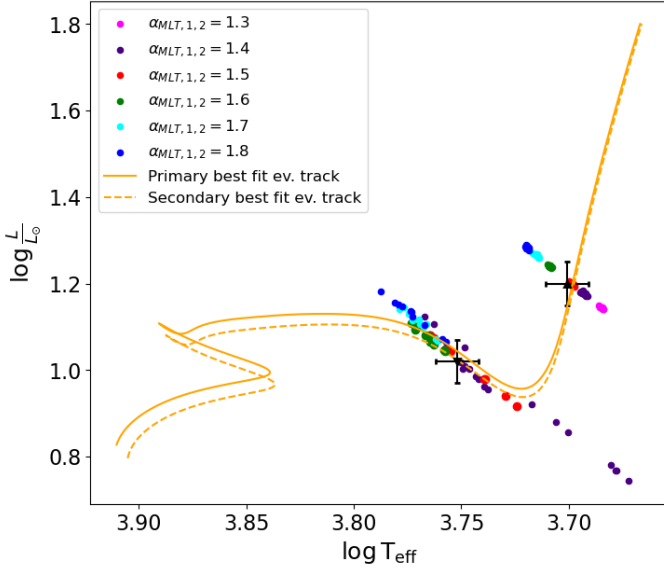
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*Software:* Python (Van Rossum & Drake 2009), numpy (Oliphant 2006; Harris et al. 2020), matplotlib (Hunter 2007), scipy (Virtanen et al. 2020), Astroquery (Ginsburg et al. 2019). This research made use of Astropy (Astropy Collaboration et al. 2013, 2018), a community-developed core Python package for Astronomy. This work has utilized the stellar evolutionary code package, Modules for Experiments in Stellar Astrophysics (MESA Paxton et al. 2011, 2013, 2015, 2018, 2019; Jermyn et al. 2023). The MESA EOS is a blend of the OPAL (Rogers & Nayfonov 2002), SCVH (Saumon et al. 1995), FreeEOS (Irwin 2004), HELM (Timmes & Swesty 2000), PC (Potekhin & Chabrier 2010), and Skye (Jermyn et al. 2021) EOSes. Radiative opacities are primarily from OPAL (Iglesias & Rogers 1993, 1996), with low-temperature data from Ferguson et al. (2005) and the high-temperature, Compton-scattering dominated regime by Poutanen (2017). Electron conduction opacities are from Cassisi et al. (2007) and Blouin et al. (2020). Nuclear reaction rates are from JINA REACLIB (Cyburt et al. 2010), NACRE (Angulo et al. 1999) and additional tabulated weak reaction rates Fuller et al. (1985); Oda et al. (1994); Langanke & Martinez-Pinedo (2000). Screening is included via the prescription of Chugunov et al. (2007). Thermal neutrino loss rates are from Itoh et al. (1996). This paper utilized the GYRE stellar oscillations code developed by Townsend & Teitler (2013).

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**Fig. A.1.** Position of the 10 best models for the spectroscopic case for different choices of alpha concerning the observations, with the observational values including error bars given as black triangles. The evolutionary tracks of the primary and secondary for the best-fitting case are given in (dashed) orange lines. These two evolutionary tracks correspond to models with  $\alpha_{\text{MLT}} = 1.5$ ,  $Z = 0.004$  and masses of  $M_1 = 1.39 M_{\odot}$  and  $M = 1.37 M_{\odot}$ .

## Appendix A: Adjustment of $\alpha_{\text{MLT}}$

As recently summarized by [Joyce & Tayar \(2023\)](#), the application of one-dimensional mixing-length theory in 1D modeling and, in particular, the choice of  $\alpha_{\text{MLT}}$  is a complex topic and can have a significant impact on modeled fundamental parameters and degeneracies with other physical parameters and also the stellar age. For computational efficiency, we decided to narrow down the range of  $\alpha_{\text{MLT}}$  before proceeding with the investigation. We have decided to calibrate the mixing length by testing the impact of a changing  $\alpha_{\text{MLT}}$  on the best-fitting models of the previously introduced spectroscopic case.

For the adjustment of the  $\alpha_{\text{MLT}}$  we have used the figure of merit with parameter set from case A1 (Sect. 5.1) as a benchmark. Fig. A.1 depicts the position of the 10 model combinations with the lowest  $\chi_{\text{red}}^2$  for each choice of  $\alpha_{\text{MLT}}$  on a HRD-like plane. We observed that even the best fitting models for the spectroscopic case with the solar calibrated value  $\alpha_{\text{MLT}} = 1.8$  for the primary results in significantly higher luminosity and temperature compared to the spectroscopic values. In consistency with literature, a lower  $\alpha_{\text{MLT}}$  decreases both the temperature and luminosity ([Joyce & Tayar 2023](#)), causing a significant shift of position in the HRD. For  $\alpha_{\text{MLT}} = 1.5$  the agreement in HRD-position is best for the primary, with the models for  $\alpha_{\text{MLT}} = 1.4$  and  $\alpha_{\text{MLT}} = 1.6$  located within the  $1\text{-}\sigma$  errorbars of the observations. We observe a similar but more loose trend by varying the  $\alpha_{\text{MLT}}$  for the secondary instead. This behavior is expected as the primary is much more sensitive to changes in  $\alpha_{\text{MLT}}$  than the secondary (Sect. 1). Consistently, our testing showed that the exact choice of  $\alpha_{\text{MLT}}$  does not impact the modeling nearly as much as for the primary. Therefore, to reduce dimensionality and avoid further degeneracies, we reduce the  $\alpha_{\text{MLT}}$  range for the primary and secondary to values of 1.4, 1.5, and 1.6. Although it is likely that the  $\alpha_{\text{MLT}}$  does not change significantly between the two respective HRD-positions ([Reyes et al. 2024](#)), we do not restrict

the models too rigorously and account for small changes in  $\alpha_{\text{MLT}}$  by not forcing the same value for both components.

This set of values for  $\alpha_{\text{MLT}}$  is lower than the values suggested by, e.g., [Trampedach et al. \(2014\)](#) for models with similar mass at a similar evolutionary stage. However, [Trampedach et al. \(2014\)](#) assumed solar metallicity for all models, while our target has sub-solar metallicity. This difference in metallicity and the known degeneracy between  $\alpha_{\text{MLT}}$  and metallicity ([Joyce & Tayar 2023](#)) are a probable cause for the shift in  $\alpha_{\text{MLT}}$  between this work and the models from [Trampedach et al. \(2014\)](#). The analysis for the M67 red giants by [Reyes et al. \(2024\)](#) also supports this conclusion.

## Appendix B: Details on modeling

### B.1. GYRE example inlist

In Listing 1 we provide an example inlist for the computation of the individual frequencies of the models using GYRE.

**Listing 1.** GYRE example inlist

```

=====
&constants
/
1115

&model
    model_type = 'EVOL'
    file = 'profile100.data.FGONG'
    file_format = 'FGONG'
/
1120

&mode
    l = 0
/
1125

&osc
    outer_bound = 'ISOTHERMAL'
/
1130

&rot
/

&num
    diff_scheme = 'COLLOC_GL4'
/
1135

&scan
    grid_type = 'LINEAR'
    freq_min = 1
    freq_max = 3000
    n_freq = 5000
    freq_min_units = 'UHZ'
    freq_max_units = 'UHZ'
/
1145

&grid
    w_osc = 2
    w_exp = 1
    w_ctr = 4
/
1150

&ad_output

```

```

1155 summary_file = 'summary100.h5'
summary_item_list = '1,n_pg,n_p,n_g,&
freq,freq_units,E_norm,M_star,&
R_star,L_star'
freq_units = 'UHZ'
1160 /

&nad_output
/
-----
1165 B.2. MESA example inlist

In Listing 2, we show an example MESA inlist for a model with a
mass of 1.39 M⊙, metallicity of Z = 0.015 and helium abundance
of Y = 0.27. The parameters marked in the example as 'variable'
were varied from model to model according to the ranges and
stepsizes described in Sect. 3 and summarized in Table 2. The
remaining parameters were kept constant for all computed mod-
els. For concise display, some lines in the inlist were broken with
the Fortran line break &.

Listing 2. MESA example inlist
-----
1175 &star_job

history_columns_file = &
history_columns_list_path
1180 show_log_description_at_start = .false.
create_pre_main_sequence_model = .true.

save_model_when_terminate = .true.
save_model_filename = 'RGB.mod'
required_termination_code_string &
= 'log_L_upper_limit'
color_num_files = 2
color_file_names(1) = 'lcb98cor.dat'
color_num_colors(1) = 11
1190 color_num_files = 2
color_file_names(2) = colorfilepath
color_num_colors(2) = 17

pgstar_flag = .false.
pause_before_terminate = .false.

relax_to_this_tau_factor = 0.001
relax_tau_factor = .true.
1200 / ! end of star_job namelist

&eos

/ ! end of eos namelist
1205 &kap

kap_file_prefix = 'gs98'
use_Type2_opacities = .true.
1210 / ! end of kap namelist

&controls

x_ctrl(1) = 6000d0 ! Teff threshold 1215
x_ctrl(2) = 1d9 ! Age_threshold
x_ctrl(3) = 2d5 ! max_timestep_years
x_ctrl(4) = 1.44 ! mass threshold

log_L_upper_limit = 1.6d0 ! 1220

mixing_length_alpha = 1.8
initial_mass = 1.39 ! variable
initial_z = 0.015 ! variable
initial_y = 0.27 ! variable 1225
num_trace_history_values = 2
trace_history_value_name(1) = &
'rel_E_err'
trace_history_value_name(2) = &
'log_rel_run_E_err' 1230

cool_wind_full_on_T = 9.99d9
hot_wind_full_on_T = 1d10
cool_wind_RGB_scheme = 'Reimers'
RGB_to_AGB_wind_switch = 1d-4 1235
Reimers_scaling_factor = 0.2

varcontrol_target = 1d-3
delta_lgL_He_limit = 0.01d0
time_delta_coeff = 0.5 1240

!mesh
mesh_delta_coeff = 1
mesh_min_dr_div_cs = -1
max_allowed_nz = 30000 1245
use_other_mesh_delta_coeff_factor = &
.false.

!output
photo_interval = -1 1250
profile_interval = 4
history_interval = 1
terminal_interval = 100
write_header_frequency = 50 1255

atm_T_tau_opacity = 'varying'
atm_T_tau_relation = 'Eddington'

!overshooting
overshoot_scheme(1) = 'exponential' 1260
overshoot_zone_type(1) = 'any'
overshoot_zone_loc(1) = 'any'
overshoot_bdy_loc(1) = 'any'
overshoot_f0(1) = 0.005
overshoot_f(1) = 0.02 1265

max_num_profile_models = 10000
max_model_number = 50000 1270

/ ! end of controls namelist

&pgstar 1275

/ ! end of pgstar namelist

```

### B.3. Investigation of temporal resolution in MESA & GYRE

As described in Sect. 5.2, adjusting the timesteps in MESA to provide sufficient input files for calculating  $\Delta\nu$  from with GYRE was necessary. The `time_delta_coeff` was set to 0.5, half of its default value for all model runs. This was sufficient to have small enough parameter steps in  $T_{\text{eff}}$  and  $\log g$  not to exceed the respective observational uncertainties. However, the steps in  $\Delta\nu$  were still orders of magnitudes above the observational uncertainty of  $0.03 \mu\text{Hz}$ . To solve this problem, we needed to find the right trade-off between a small enough timestep to get this desired resolution but not too small to become numerically unstable and require excessive computation time. This trial and error search resulted in a maximum allowed timestep in MESA of 0.2 Myr enforced from the subgiant branch onwards for models cooler than 6000 K. The differential variations for spectroscopic parameters and  $\Delta\nu$  for an exemplary model of  $1.39 M_{\odot}$  and  $Z=0.007$  enforcing the condition mentioned above is shown in Fig. B.1. While this method works fine for stars up to around  $1.44 M_{\odot}$ , the differential stepsizes in  $\Delta\nu$  increase for masses above it. We therefore implemented another threshold at  $1.44 M_{\odot}$ , where a maximal step size of 0.1 Myr was enforced. The necessary modifications in the `runstarextra` file are shown in Listing 3, while the thresholds described above were defined in the respective MESA inlists.

**Listing 3.** Modified extra finish step function in the `run_star_extra.f90` file.

```

integer function extras_finish_step(id)
  use chem_def
  integer, intent(in) :: id
  integer :: ierr
  real(dp) :: Teff_treshold
  real(dp) :: Age_treshold
  real(dp) :: max_timestep_years
  real(dp) :: mass_treshold
  type (star_info), pointer :: s
  ierr = 0
  call star_ptr(id, s, ierr)
  if (ierr /= 0) return
  extras_finish_step = keep_going

  Teff_treshold = s% x_ctrl(1)
  Age_treshold = s% x_ctrl(2)
  max_timestep_years = s% x_ctrl(3)
  mass_treshold = s% x_ctrl(4)

  s% xtra(1) = s% Teff

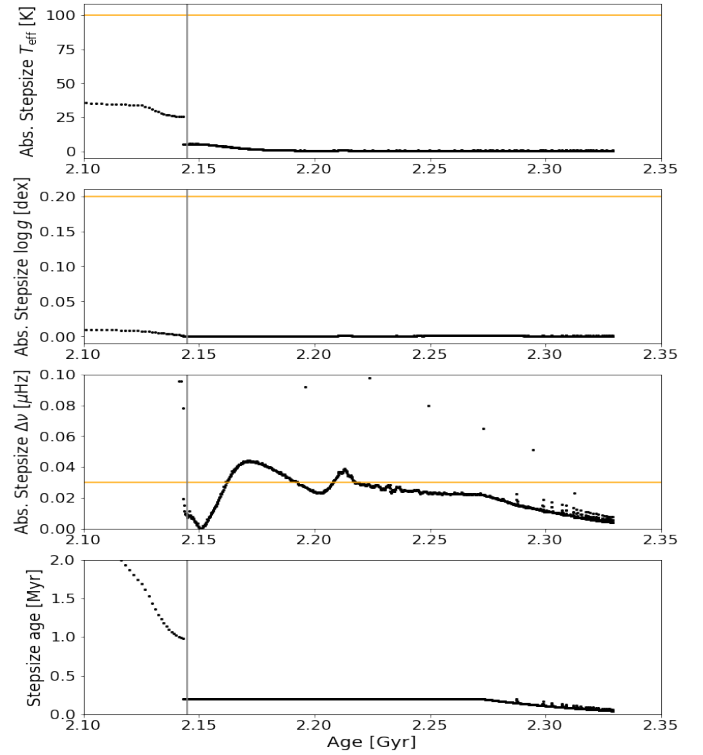
  if ((s% xtra(1) < Teff_treshold) &
    .AND. (s% star_age > Age_treshold)) then

    s% need_to_update_history_now = .true.
    s% need_to_save_profiles_now = .true.

    s% max_years_for_timestep = &
    max_timestep_years

  endif
end function extras_finish_step

```



**Fig. B.1.** Variation of the parameters used in the figure of merit between consecutive timesteps of a model for a star with  $1.39 M_{\odot}$  and  $Z=0.007$ . The top, middle, and bottom panels show the differential evolution of the effective temperature  $T_{\text{eff}}$ , surface gravity  $\log g$  and  $\Delta\nu$ , respectively. The vertical grey line indicates when a maximum timestep of 0.2 Myr was enforced between two models. The horizontal orange lines indicate the respective observational uncertainties for the given parameters. The bottom panel gives the timestep between consecutive models as a function of age.

```

if ((s% initial_mass &+
  .GE. mass_treshold)) then
  s% max_years_for_timestep = &
  max_timestep_years/2

```

```
endif
```

```
end function extras_finish_step
```